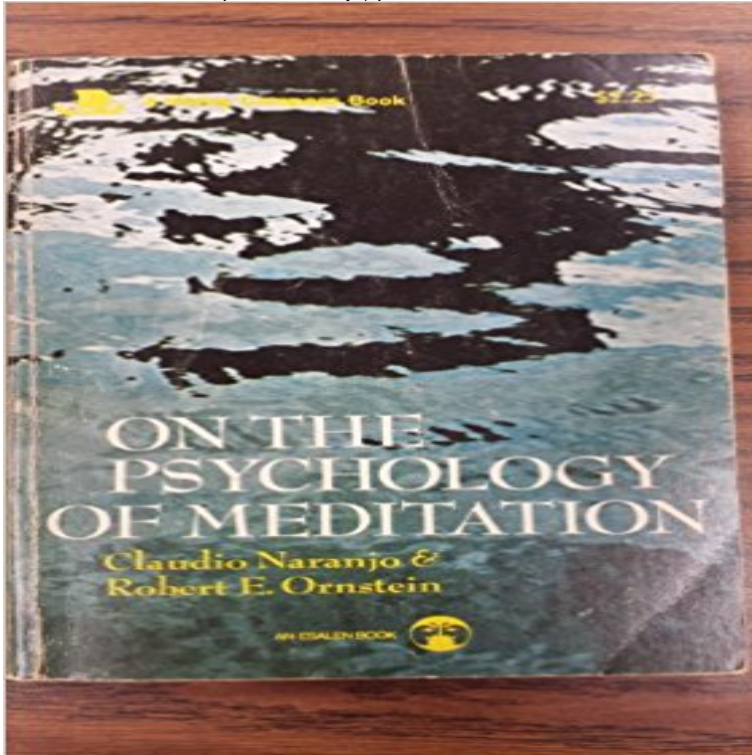


On The Psychology of Meditation



In the first half of the book Claudio Naranjo surveys the types of meditation practiced around the world in different religious contexts. The second half of the book by Robert Ornstein reviews the state of psychological research into meditation.

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